

Sarasota All Stars

Attendance Policy

Attendance is a critical part of team success. Consistent attendance ensures athlete safety, proper skill progression, and overall team performance.

Summer Attendance (June 14 – August 7)

Athletes will not be penalized for practice absences during the summer months. We support family time and understand vacations.

However: An absence form must be submitted in advance and communication with the Head Coach is required prior to the missed practice.

Forms are available on the website under FORMS.

Choreography & In-Season Attendance

Choreography begins the first week of September. One weekend practice will be held and attendance is mandatory.

During mid-August through May, athletes are expected to attend all practices. April practices are mandatory.

Excessive absences may result in position changes, removal from routines, probation, or dismissal.

Excused vs. Unexcused Absences

Unexcused: vacations (outside summer), social events, other sports, transportation issues, appointments, homework, ungraded events, injury without attending to observe, minor illness.

Excused: fever (100.4+), vomiting, doctor note, graded school events, or pre-approved circumstances by the Head Coach in writing.

Injury & Return to Play

Any injured athlete must sit out of participation if unable to safely perform. Athletes should attend and observe if able.

A doctor's written clearance is required before returning to full participation. Coaches will not override medical advice and safety is the top priority.

Tardiness

Athletes must arrive on time and ready. Late arrivals risk missing warmups and increased injury risk.

Communication must be made to the Head Coach prior to arrival. Repeated tardiness may result in disciplinary action.

Showcases & Competitions

All performances are mandatory. The Head Coach must be notified immediately if an athlete must miss.

Unexcused absence from a performance results in dismissal. Multiple excused absences may affect role or position.

Faith • Family • Focus

Athlete Name: _____

Athlete Signature: _____ Date: _____

Parent/Guardian Name: _____

Parent/Guardian Signature: _____ Date: _____